



Keeping My Body Safe

Pre-Kindergarten

Touches and Feelings



What do they mean?



FEELINGS

• Sad



• Angry



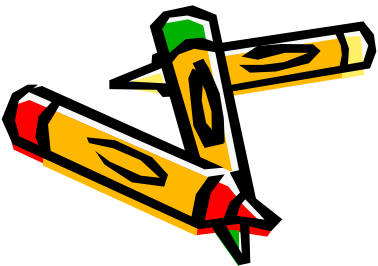
• Afraid



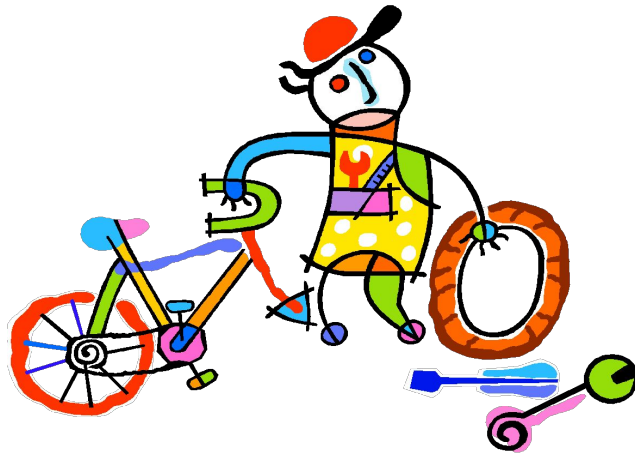
• Embarrassed



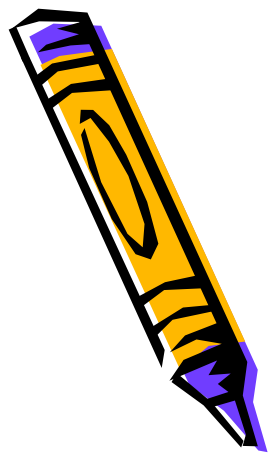
• Ashamed



Who can tell me what
ashamed means?



Do you feel bad about
yourself?



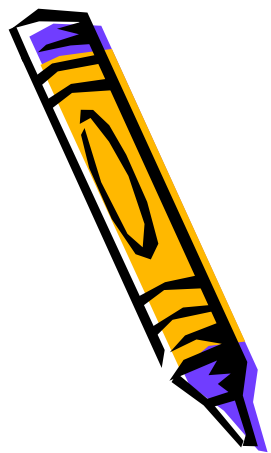
Good Touch

- A good touch for me is when someone I know gives me a hug and says hi.
- What about you?

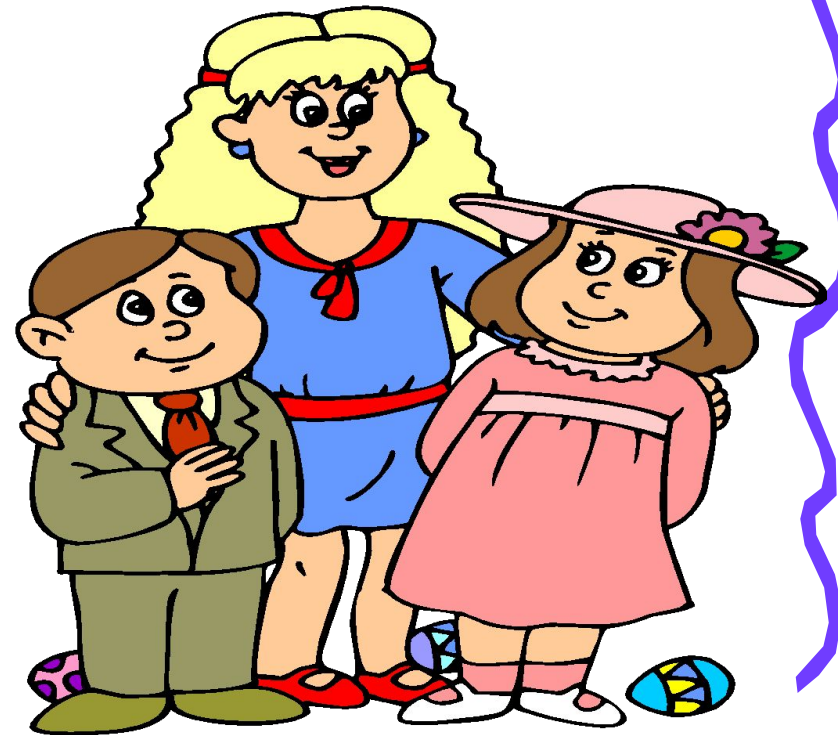


Bad Touch

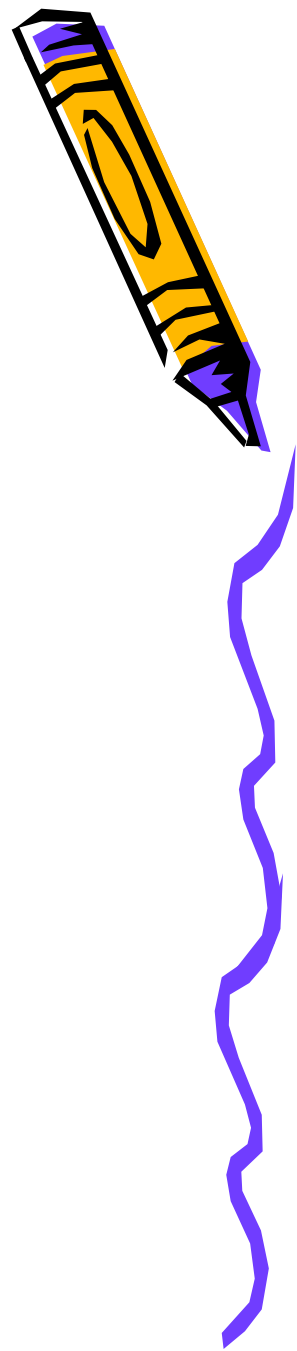
- Bad touch for me is when someone hits me.
- What about you?



How many of us like hugs,
kisses, and touches from
people we know, love, and
trust?

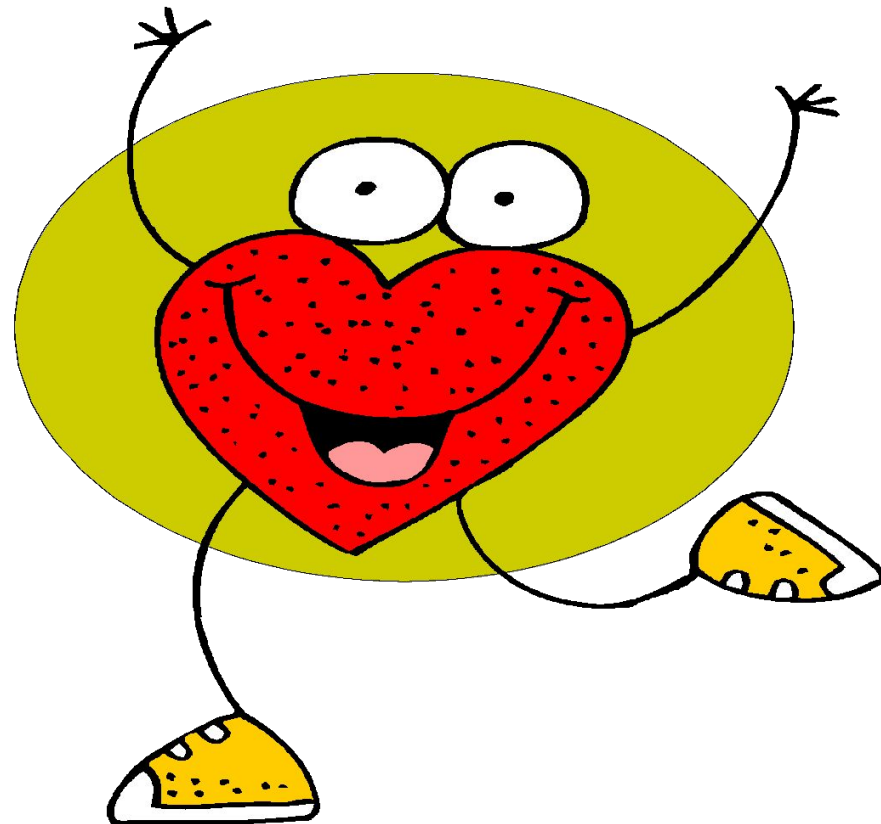


How about those same kinds of touches from people we do not know, do not like, or do not trust?



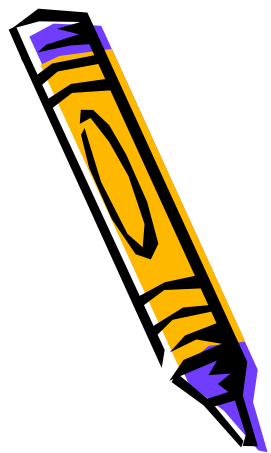
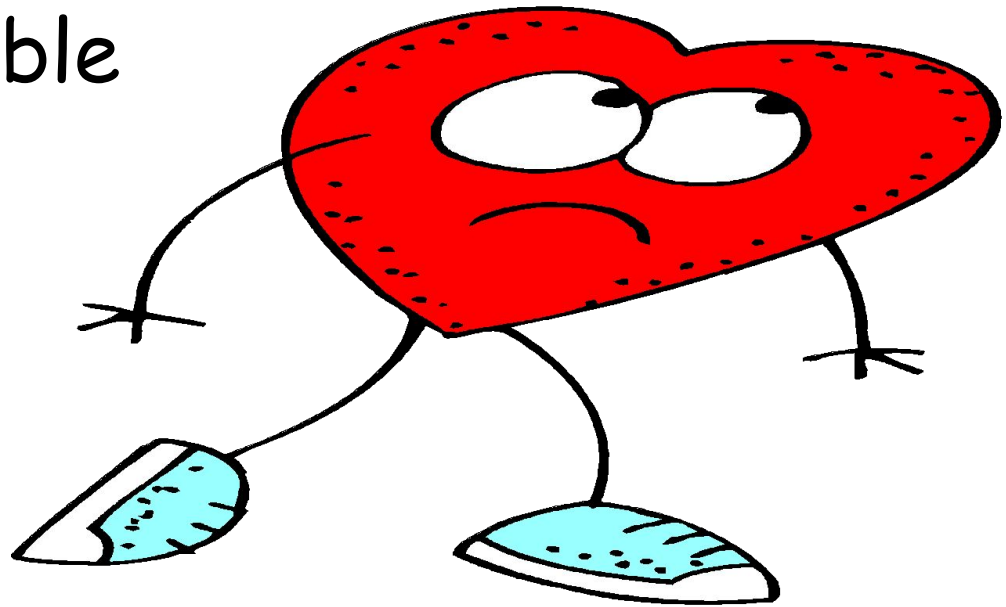
When we get touches, we
get feelings inside.

- Good touches give us good feelings.

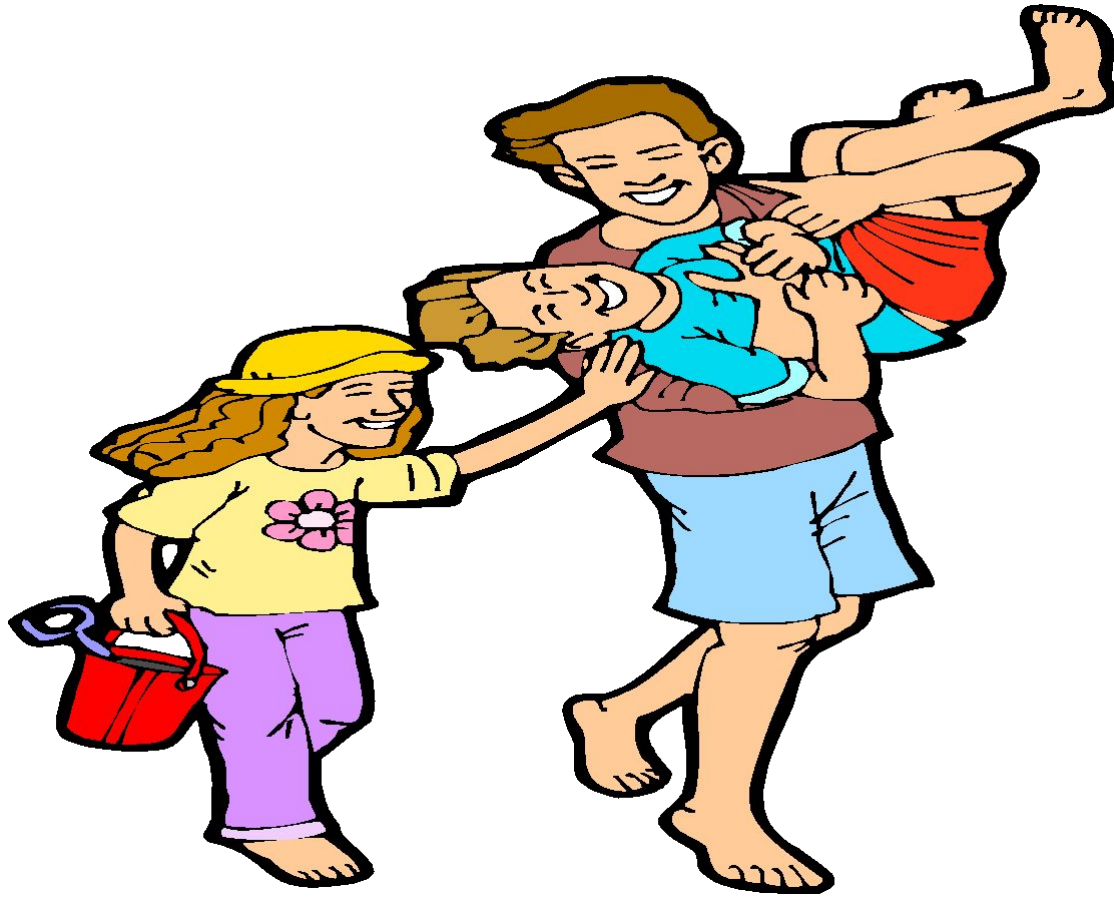


Sometimes touches can give us bad feelings inside.

- Sad
- Frightened
- Uncomfortable
- Angry



Good touch or Bad touch?

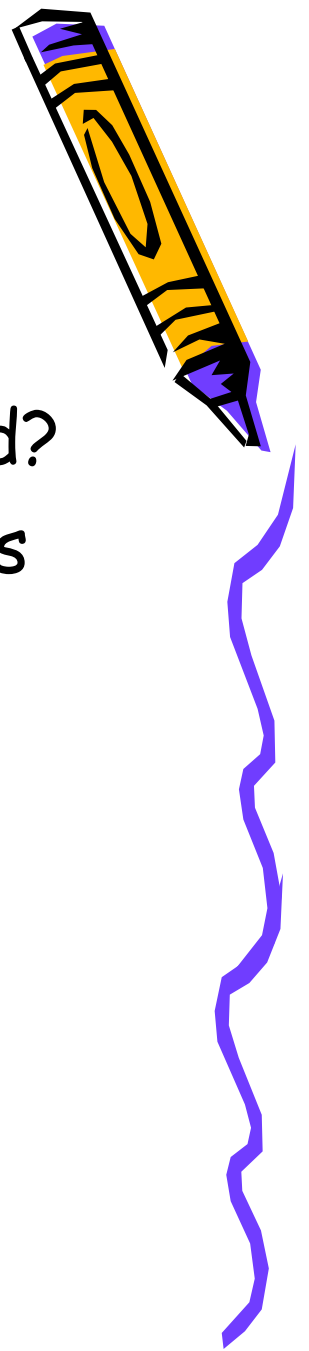


Good touch or Bad touch?



Good touch or Bad touch?





Do you like to be tickled?

- How many of us do not like being tickled?
- For those of us who like being tickled, is that a good touch or a bad touch?
- For those of us who do not like being tickled, is that a good touch or a bad touch?





Tickling



- Sometimes even when we think tickling is a good touch it can become a bad touch.
- Before we get started, can everyone give a thumbs up sign? How about a thumbs down sign?
- Good! Now you be the judge.



When tickling becomes bad touch

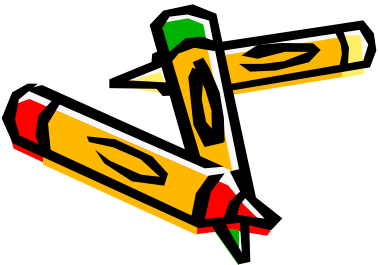


- It lasts too long
- It is too hard
- It starts to hurt
- You start to cry
- It gets hard to breathe



You make the call!

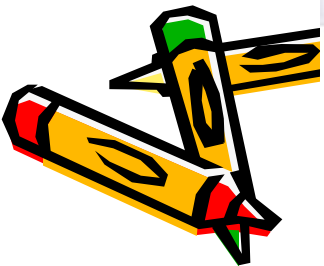
- If you get a touch you do not like
-what is it called?
- A Bad Touch!



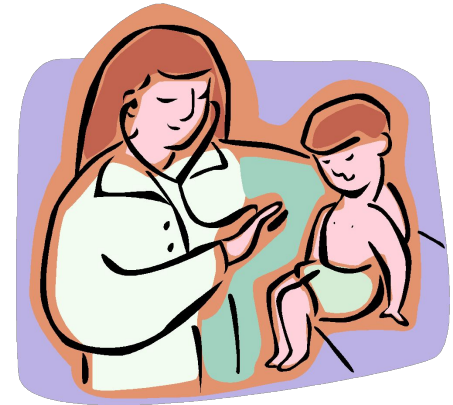
What are private parts?



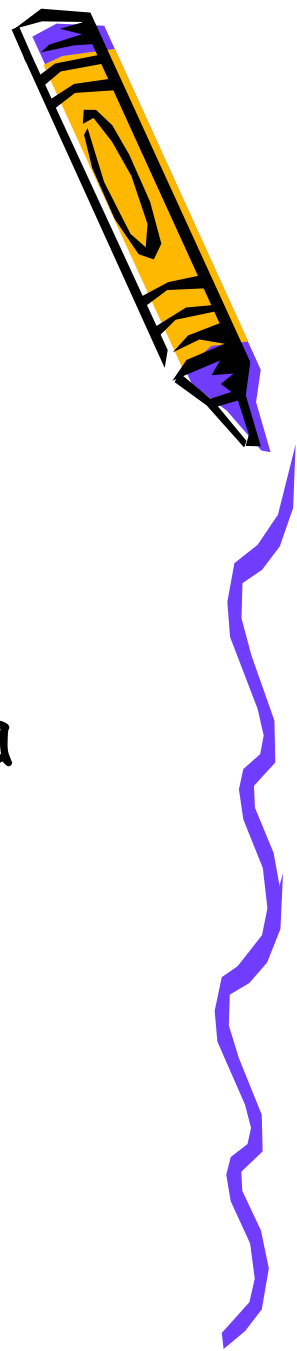
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No one should touch our private parts except to keep us clean or healthy.



TOUCHING RULES



- No one should ever touch your private parts except to keep you clean or healthy.
- Never agree to keep bad touches a secret.
- Tell someone you trust if you are upset about someone touching you.



Who can you tell?

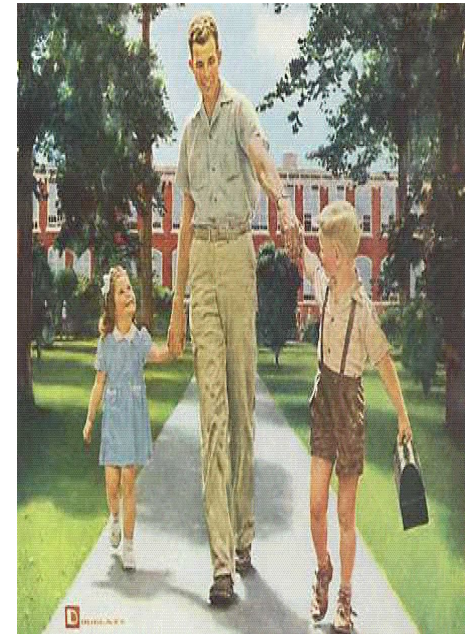
- Parents
- Grandparents
- Sunday School Teacher
- Abouna
- Teacher
- Other trusted adults

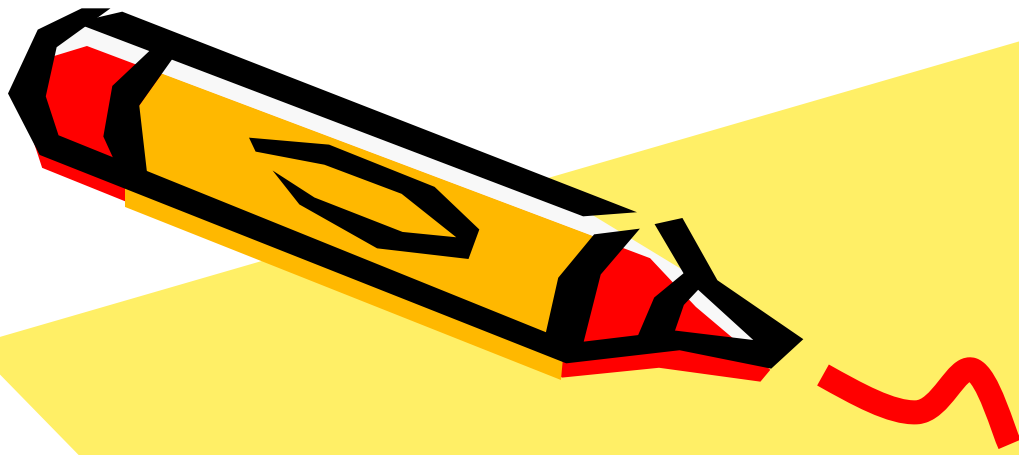


Help!



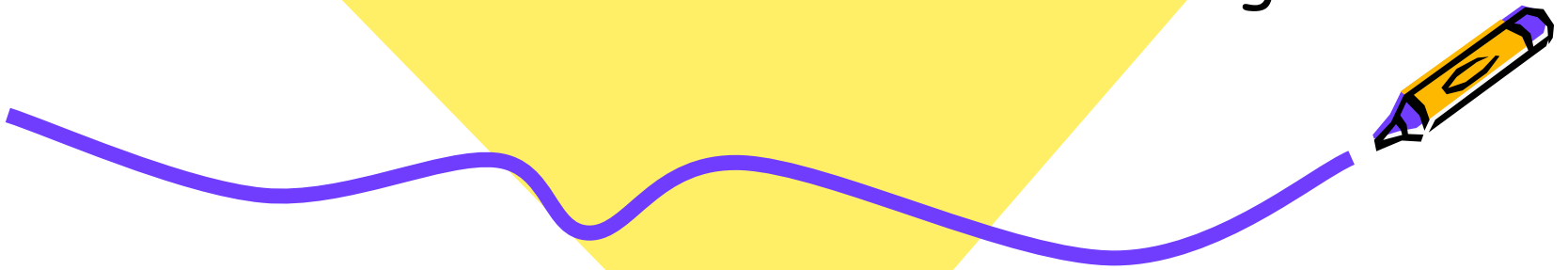
- If the person you tell does not know how to help you or does not help you, what can you do?

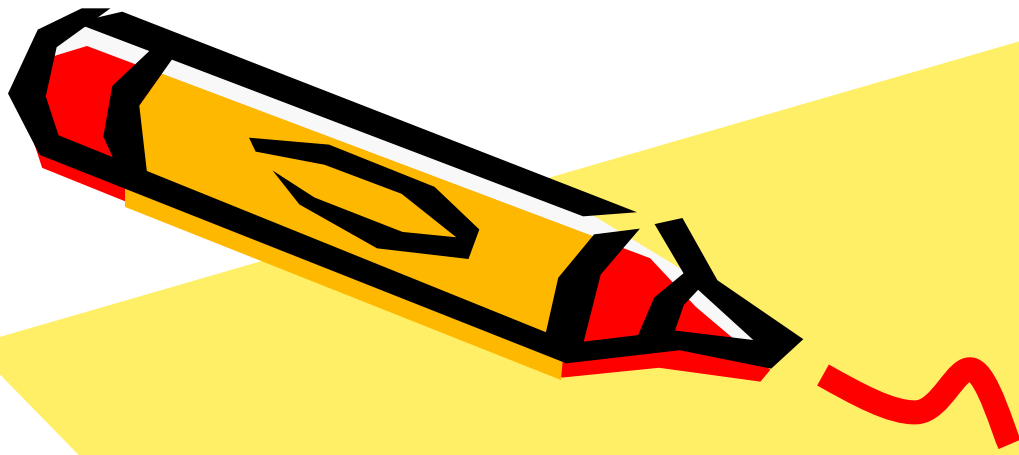




Whose Fault Is It?

The Person Who Did the Touching.





What did we learn
today?

