

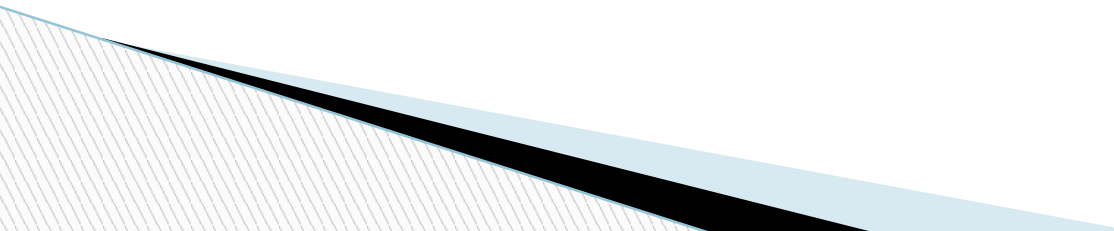
Serving Homosexuals Helping them to come out straight

Come to me; **ALL OF YOU** who are
tired from carrying loads and I will give you
rest (Mathew 11:28)

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The Main Points

- Some Introductory Points
 - Defining Homosexuality
 - Major Causes of Same Sex Attraction Disorder (SSAD)
 - Important To Know
 - Process of Healing
 - We need to be Protective
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Some Introductory Points

- **No One is born with a homosexual sexual orientation**; there is no specific data to prove either a genetic or biologic determination cause for same sex attraction disorder.
- **No One chooses to have same sex attraction**; they are the result of temperamental, familial, environmental and social conditions.
- **People can choose to change and come out straight**; change is possible based on one person's real desire and practicing God's love and acceptance.

Some Introductory Points

- **It needs some time to come out straight;** when wounds are healed and unmet needs fulfilled, gender identity will be experienced and heterosexual desires will ensue.
- **It is Same Sex Attachment Disorder (Not an official Diagnosis);** It represents a drive to heal unmet love needs. It is a SSAD lifestyle whereby the individual is dis-identified with his own masculinity or her femininity and tries desperately to fill the deficit by joining with someone of the same sex.

Defining Homosexuality

□ Homosexuality is a symptom

- Defensive response to present conflicts
- Reaction to unresolved child trauma
- Reparative Drive to fulfill unmet homo-emotional needs

□ Homosexuality is an emotional based condition

- Need for same sex parent's / peer's love
- Need for gender identity
- Fear of intimacy of someone of different sex

□ Homosexuality is a same sex attachment disorder

- Detachment from same sex parent
- Detachment from same sex peers
- Detachment from one's body
- Detachment from one's gender



□ **SAME SEX ATTACHMENT DISORDER**

- (Richard Cohen M.A. January 2006)
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Major Causes of SSAD

▣ Heredity

This belongs to the Genetic Influence that influences someone's attitude like being fat or being addicted to alcohol that means the person has some genetic readiness for that but still needs other environmental factors to be like that and not to the Genetic Determination that controls body features like hair or eye colors.

▣ Temperament

Like a hypersensitive child, an artistic child, a more masculine girl, a more feminine boy or a child that had an obsession with such an idea for being different or more special.

▣ Hetero-emotional Wounds

In many cases the reason driving to SSAD is a smoother or a dominant father or mother that negatively affects the son or daughter of the opposite sex.



Major Causes of SSAD

▣ Homo-emotional Wounds

A cold, distant, absent, passive, cruel or abusive father or mother leads later to same sex attraction. Also abuse from an elder brother or family member.

▣ Body Image Wounds

Early maturation, physical disabilities, taller, shorter, skinner or maybe having a psychological obsession about a body organ can be a reason for SSAD.

▣ Sexual Abuse

A high percentage of those with SSAD who go ask for healing from SSAD or HIV have reported a sexual abuse while being under 19 years old. This abuse made them feel special and loved and lead to SSAD.

Major Causes of SSAD

▣ Social or Peer Wounds

Being different and rejected from same sex colleagues at school for being different or sensitive leads to SSAD. This is a dominant factor to our kids who are coming out of healthy houses facing too much aggression, corruption and rejection at school for trying to be Christian (Different).

▣ Cultural Wounds

That is experienced in media, educational systems, entertainment industry, internet and homosexual pornography.

▣ Others

Like poverty and ignorance in random inhabited areas or the very liberal environments. Also in countries like Egypt some can do it in need for money then it turns to be a lifestyle.

Major Causes of SSAD

- It is one of the outcomes for the invasion of evil to our world because of Adam's sin that is my sin too exactly like all sorts of evil works. **We know that we belong to God even though the whole world is under the rule of the Evil One. (1John 5:19)**
- Hatred, abuse and or rejection to a sensitive kid lead to such a problem. Some of Christian kids who are raised properly in houses full of love and will not find that love when they go to school. This can easily lead hypersensitive ones to SSAD.
- It is never impossible to come out straight for any one and at any age and stage of involvement in practice, but of course the younger and less practice the easier as practice lead to addiction and might involve codependent ties that are hard to break but it is never impossible for God. **And he said, The things which are impossible with men are possible with God. (Luke 18:27)**
- Church is the hospital. The Lord is the healer, the priest and the Sunday School Leaders are supposed to be the tools God is using to transmit His recovering love to the SSAP similar to all other sinners. **Jesus heard them and answered, People who are well do not need a doctor, but only those who are sick. (Mark2:17)**
- **AND REMAINS THE GIFT OF THE FREEDOM OF A PERSON TO CHOOSE TO COME OUT STRAIGHT. ALL WHAT HE HAS TO DO IS TO DESIRE AND SEEK HELP BUT WE HAVE A ROLE TO BE GOD'S TOOL TO HELP THIS PERSON.**

Important To Know

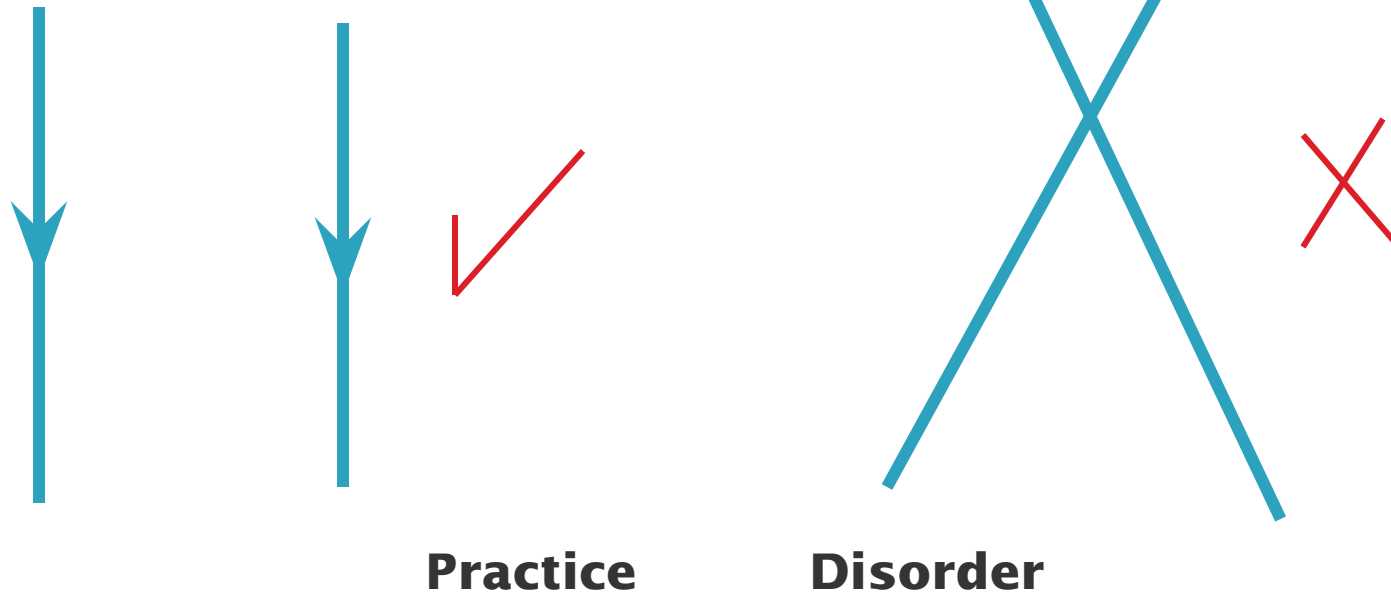
- A Same Sex Attracted Person (SSAP) is most probably a very sensitive person that needs care and love from his own sex.
- Especially for boys and men being loved and accepted by a priest and seeing that through the priest's hugging and caring is a big help for them to heal. Also for girls they need so much to feel loved and understood from the priest who is resembling God and the church for them.
- The very First and most Vital step at the very beginning is to make him / her feel loved, accepted and understood. It is dangerous to make them feel otherwise or to pretend and act that we accept and understand while we really feel disgusted and condemning. **A man suffering from a dreaded skin disease came to Jesus, knelt down, and begged Him for help. "If you want to," he said, "you can make me clean." Jesus was felt with pity ...(Mark 1:41)**
- These sensitive people can really read our eyes and feel exactly how we think of them. We shouldn't look at them from a higher level even in our thoughts. **Now when Jesus was in Bethany, in the house of Simon the leper... (Matthew 26: 6)**

Important To Know

- Fighting to cut practice is the starting point, the healer should help the SSAP by explaining the reasons why this disorder happens and the importance of cutting practice. This should be by a lot of motivation and expressing God's love and acceptance, blaming or condemning them even in our minds is always the wrong tool.
- It is very likely during the healing process to accept that any of them might fall again and we need to always give love and hope and understanding to help there arising.
- Among each 35 boys, there is 1 with SSAD boy and among each 70 girls there is 1 girl with SSAD. This means that the problem probably exists in every church and even in every class of our services.

Important To Know

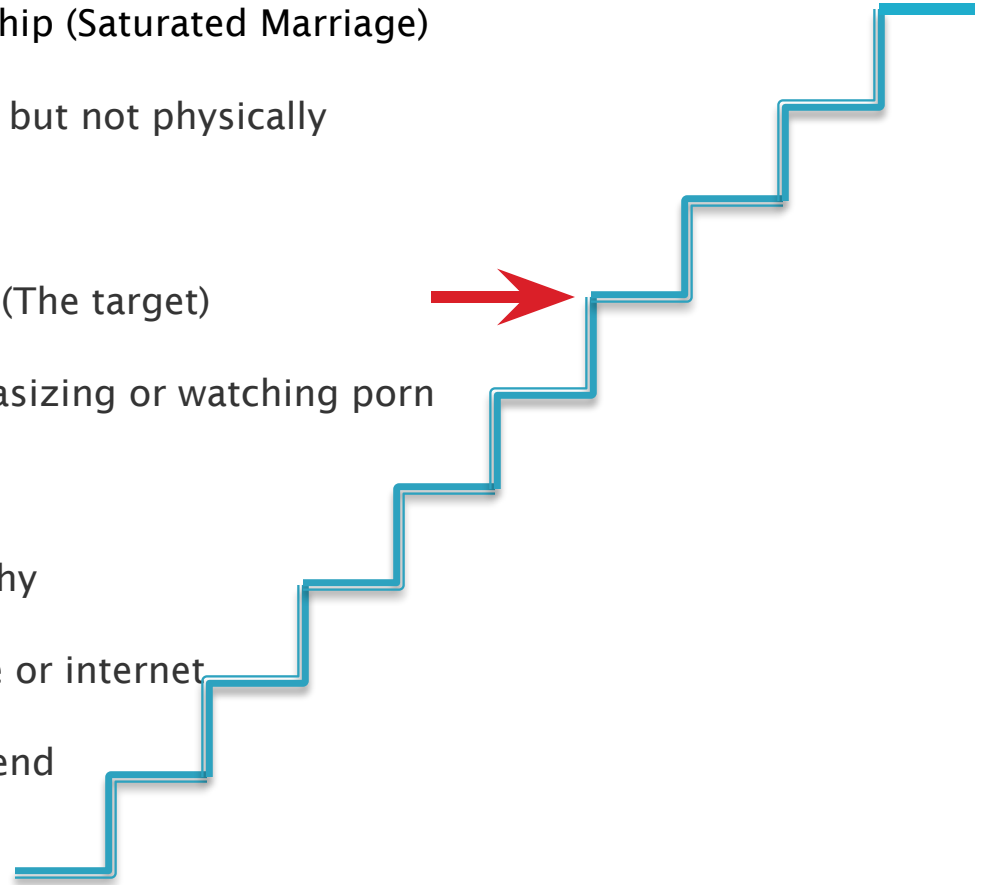
□ Disorder Practice



- **These are two parallel lines, they never intersect which means we CAN NOT work on healing process without stopping practice.**

Important To Know

- ❑ **Where is the SSAP on these steps? Need to help him go DIRECTLY to target and then to move up step by step.**
- ❑ Possibility to make a straight relationship (Saturated Marriage)
- ❑ Attracted romantically to opposite sex but not physically
- ❑ No attraction to men or women
- ❑ No masturbation (Wet dream) (The target)
- ❑ Mechanical masturbation without fantasizing or watching porn
- ❑ Masturbating with same sex fantasies
- ❑ Masturbating watching gay pornography
- ❑ Virtual sex with same sex using phone or internet
- ❑ Having a same sex boyfriend or girlfriend
- ❑ Various same sex relationships



Process of Healing

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▣ **Transitioning (Behavioral Therapy)**

- Cutting off from sexual behavior
- Developing a support network
- Building self-worth and experiencing value in relationship with God

▣ **Grounding (Cognitive Therapy)**

- Continuing with the support network
- Continuing to build self-worth and experiencing value in relationship with God
- Building assertiveness skills , training, communication skills, problem solving techniques
- Beginning inner-child healing; identifying thoughts, feelings and needs

Process of Healing

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▣ **Healing the Homo-Emotional wounds (Psychodynamic therapy)**

- Continuing all tasks of Stage TWO
- Discovering the root causes of homo-emotional wounds
- Beginning the process of grieving, forgiving and taking responsibility
- Developing healthy, healing same sex relationships

▣ **Healing the Hetero-Emotional wounds (Psychodynamic therapy)**

- Continuing all tasks of Stage TWO
- Discovering the root causes of hetro-emotional wounds
- Beginning the process of grieving, forgiving and taking responsibility
- Developing healthy, healing opposite sex relationships and learning about the opposite sex

Process of Healing



- ❑ But He endured the suffering that should have been **ours**, the pains that **we** should have borne. All the while we thought that His suffering was a punishment sent by God.
- ❑ But because of **our** sins He was wounded, beaten because of the evil **we** did. We are healed by the punishment He suffered made whole by the blows He received.
- ❑ **All** of us were like sheep that were lost, each of us going his own way. But the LORD made the punishment fall on Him, the punishment **ALL OF US** deserved. (Isaiah 53)

لكن احزاننا حملها و اوجاعنا تحملها و نحن حسبنا مصابا مضروبا من الله و مذلولا
و هو مجروح لاجل معاصينا مسحوق لاجل اثمنا تاديب سلامنا عليه و بحبره شفينا
كلنا كغنم ضللنا ملنا كل واحد الى طريقه و الرب وضع عليه اثم **جميعنا** (اش 53)

Process of Healing

- Anyone with SSAD at whichever level of practice and age needs while confessing to feel loved, accepted and understood. We have to encourage him or her to come to church for confession, attend meetings and take communion. The church; the body of the Christ is the real shelter and the only hospital and the Lord is only healer. Repentance and confession together with communion heal the soul and helped a lot in all cases that I have seen really changing. **Heal me, O LORD, and I shall be healed; save me, and I shall be saved: for thou art my praise. (Jeremiah 17: 14)**
- First important step is to explain to the person with SSAD the reasons that cause such a disorder so that he or she would not feel the priest is blaming or condemning.
- Then a very important question should be asked; do you want to come out straight? Most probably the answer will be YES.
- Only if the answer is YES, we can proceed to the following steps. If the answer was NO, then we need to help him understand that without wanting and seeking nothing can be done.

Process of Healing

- We need then to start asking questions to know if and to which extent he or she is sexually or emotionally involved in practicing of same sex.
- Then we have to draw the steps diagram to explain to the person with SSAD the steps and the target and the 2 parallel lines to convince him or her that without stopping practice nothing can be done on healing the disorder.
- So, first required achievement is to succeed to let him / her stop any type of practice and to try to reach that. We need to know that this might be difficult at the first time so it might need that he or she would have to come on weekly basis for confession and we have to keep motivating till practice is stopped.
- Eventually during the confessions, we need to know the reason behind the disorder. That comes of course through asking him or her about relationship with his or her parents, peers and the first school years.

Process of Healing

- The person with SSAD should start creating a network of **same sex straight** friends among which he or she would feel loved and accepted. We should suggest that he or she spend as much time as possible in common activities with those same sex friends.
- During confessions we need to help him or her express all negative feelings and talk freely or cry about wounds they had in the past.
- We need to encourage him or her to forgive and understand that talking about the wounds and forgiving together with mingling with same sex straight friends is very helpful.
- We might face one starting to have some emotions towards a same sex straight friend, that should not worry us as long as we are monitoring the situation and agreeing that he or she shouldn't help further development for emotions. This in fact may help to fulfill the unmet emotional needs, but again we need to be careful that it wouldn't develop.

Process of Healing

- Developing the personality of the SSAP and accepting himself or herself as well as focusing on the positive parts in his or her personality and motivating him or her all the time to help regaining self confidence seeing his or her value in the relationship with God.
- Encouraging him or her to play sports, loose weight, read books, make some training courses, do some services in the church to sick people or visiting old people or poor places with a group of the same sex.
- After coming for confession and stopping practice we can start encouraging him or her to get into groups of the other sex and maybe start thinking or imagining on a pure basis himself or herself in a romantic relationship with someone from the other sex but just romantic. It worked with me a few times that I asked him or her to buy and read romantic stories or watch romantic movies imagining himself or herself in a similar romantic relationship.

Process of Healing

- We will face a lot that had opposite sex attraction before switching to same sex attraction. We need to ask about that as a lot were like this and switched due to an abuse at an early stage.
- For those the healing is much easier as the only struggle will be to cut all kinds of practice and to escape from all people or places that remind them with addiction or the codependent relationship if it exists.
- In many cases the SSAP may fall in the old practice after proceeding very positively. This is very normal and we need to keep motivating and not to be or show any disappointment or blaming. **Rejoice not against me, O mine enemy: when I fall, I shall arise; when I sit in darkness, the LORD shall be a light unto me.**
(Micah 7:3)
- We need to know that likewise all other types of addiction, one can fall and arise.


We need to be Protective

- We all need to know that marriage is **NOT** a solution for someone with SSAD as it creates a future problematic family as we need that our families are living a saturated life. Some people advise the SSAP to get married and think that getting accepted from opposite sex is the solution. This can be OK after starting the healing process and achieving proper results.
- Advises have to have some awareness of how to notice, monitor and help such a case at the very early age. And also should design our camps and notice all boys or girls staying aside from their peers and to do anything to get them involved.
- During ceremonies at youth meetings the priests and the trained leaders should mention SSAD whenever possible among other issues like masturbation and addiction. It should be in a balanced way showing that it is a disorder but the person is accepted and that there is a way out but the SSAP should declare and talk. This will encourage SSAPs to talk to the priest. We shouldn't show astonishment or let them feel we are shocked about it.

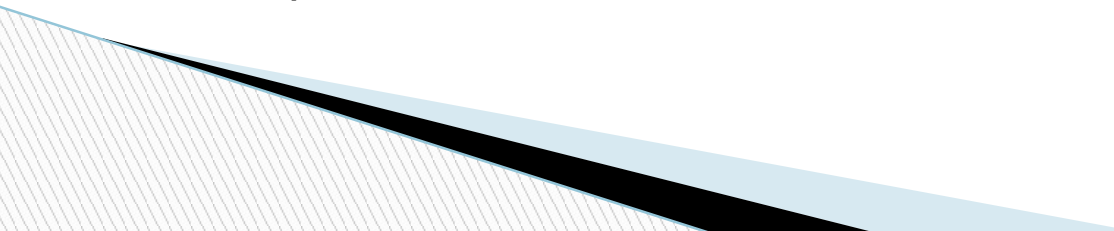
We need to be Protective

- It is forbidden and wrong to declare anyone's confession or secret BUT IT IS REALLY FATAL TO ANNOUNCE ABOUT A SSAP. This will destroy any hope for recovery. The church and the God father at our Orthodox church remain the pure and trust worthy environment. It would make it horrible for such a sensitive person to face in case that was breached.
- During home visits and individual service of the leaders and the priests and also during confessions both priests and leaders should check on the boy or the girl at all ages that they are having healthy bonds with their parents and are having friends of the same sex. Also their hobbies, the way they are dressed, the way they talk....etc.
- In camps of 5 to 15 years old boys and girls we should design games that attract all boys or girls together. It is dangerous when a few boys r not mingling with the other boys or girls not mingling with girls as any of them can be directed to SSAD.

We need to be Protective

- Families meetings, retreats, conventions and gatherings should always talk about the straight and correct sexuality growth and development of our kids and how important it is to maintain love at home and strong bonds and friendship with kids.
 - A father should learn how to be a close friend to his son and daughter and the mother too especially those of same sex together. This is the only help to guarantee proper sexuality or healing in case of SSAD tendency. This can be monitored by us in parents' confessions, home visits, conventions and retreats.
 - Also advising parents on how to deal with a problem in case they discover it as most parents move towards denial or being aggressive and that increases the problem. It is understood that we should be not accepting the situation but accepting our child and restoring any missing bond is the beginning of the solution; parents should know that.
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We need to be Protective

- Also parents need to know how important and vital it is to maintain love and care at home, healthy bonds and also that their kids are having friends of the same sex since they are 5 years old. And also the habits related to the sex like the type of games, toys, clothes and hobbies.
 - An important theory we have to know and teach to all parents that healthy environment is self protective. And this is the objective of each father and mother.
 - Finally SSAD is something that is a result of evil that is dominating the world. It is similar to heterosexual immorality, drug, alcohol, behavioral addictions, and all other evil works.
 - So there is nothing special about SSAD being against the design of God to mankind.
 - So working on it in loving manner will succeed as all the heavenly powers will be supporting and pushing forward the healing process for those who seek, we need to work with that faith in a loving, understanding and accepting mode to those people who are eager for care, love and acceptance.
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...the baptism of repentance, and baptism
...the world has, "I am the worst of them"
Immediately Jesus stood over him, laid
his hands on his head, and said to him,
"I baptize you in the name of the Father
and of the Son and of the Holy Spirit."
...the baptism of repentance

**Christ Jesus came into the world to save sinners,
I AM THE WORST OF THEM (1Timo1: 15)**