

# Holiness of the Body

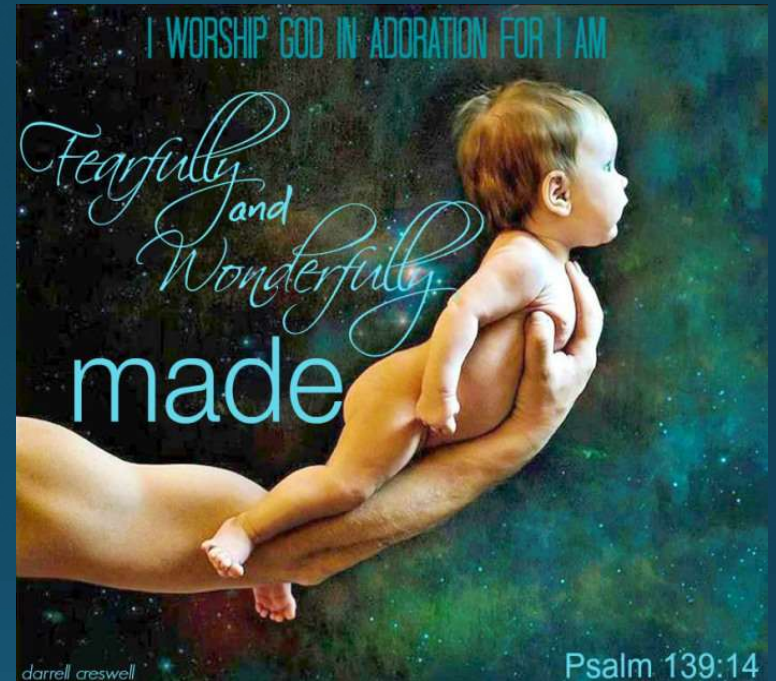


4<sup>TH</sup> Grade Lesson 1

# Holiness of the Body

## My Body...

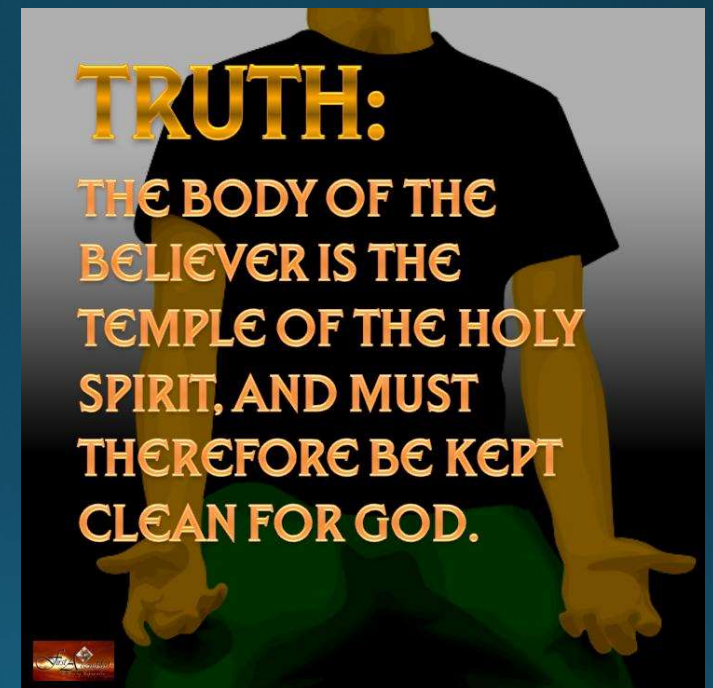
- Is created in His likeness and His image.
- Was shared by The Lord when He took flesh.
- Is a member of Christ's Body.
- Is a temple of the Holy Spirit.
- Interacts with God through the sacraments.



# Holiness of the Body

## My Body...

- Is not my own, but belongs to God
- Was bought by the precious Blood of Christ.
- Should glorify God in my lifetime on earth
- Should be given back to God in the end glorified
- Should qualify for eternal life with God in heaven



# Holiness of the Body

“In the day that God created man, He made him in the likeness of God” (Genesis 5:1).



# Holiness of the Body

“Do you not know that you are the **temple of God** and that the **Spirit of God dwells in you?**”  
(1 Corinthians 3:16).



# Holiness of the Body

How can I  
keep my  
body holy?

